

In the News

## **Scientists trace diseases and ailments to mineral deficiency.**

Seven decades ago, as part of an investigation into American farming practices, Senate Document 264 revealed, *“foods grown on millions of acres of land no longer contain enough minerals and are starving us.”* Quietly hidden from the public all these years, this alarming study also found that 99% of North Americans had serious nutritional deficiencies. Today, modern agricultural methods have virtually eliminated nature’s most important nutrient delivery carrier, fulvic acid, which helps transport more minerals, enzymes and oxygen to the cells. The result? Millions of people with degenerative diseases.

Two times Nobel Laureate, Dr Linus Pauling, said "You could trace every disease and every ailment to a mineral deficiency." Approximately 99% of the human body is comprised of minerals, yet minerals are generally overlooked when nutrition is considered. It is well known that the human body requires at least 60 minerals in order to maintain a disease and ailment free state. If this information is indeed true, it's easy to understand why sickness is so prevalent throughout the world, even in technologically advanced countries. The body can utilize minerals without vitamins, but vitamins and most other nutrients are basically useless in the absence of minerals.

Foods we raise or purchase in markets today, seldom contain more than 16 to 18 minerals. This small number of minerals in plants is because of a mineral deficiency of the food producing soils around the world. This is caused by thousands of years of erosion, fertilizers, air and water pollution and unwise farming practices. Except for nitrogen, phosphorus, and potassium, the agriculture industry doesn't replenish minerals depleted from the soils. Ironically, these three are the primary ones required to grow beautiful plants and produce, but do not provide all that our bodies require.

Extensive research is showing that without supplementation, it is not likely that we can eat enough food to get the full range of essential trace minerals required to obtain optimum health and longevity. Research has also found that without adequate nutrients, our cells experience a breakdown that can lead to chronic conditions. Decades of pesticides, herbicides, toxins and pollution have drained our farmlands and food supply of their vital elements — including organic Fulvic Acid, a natural molecule long considered one of the most complete answers to the body's need for life-giving minerals, oxygen, enzymes and amino acids.