

The Fulvic Acid Breakthrough: Nature's Miracle Molecule

By Dr. Karim Dhanani, B.Sc., B.A., ND

It's a well-known fact that our soils are ailing from decades of poor agricultural practices. The results—nutritionally depleted foods continue to find their way to our tables. Over seventy years ago, as part of an investigation into American farming practices, U.S. Senate Document 264 revealed: “foods grown on millions of acres of land no longer contain enough minerals and are starving us”. Quietly hidden from the public all these years, this alarming study found that 99% of Americans had serious nutritional deficiencies.

Today, agribusiness producers rely on chemical fertilizers, pesticides, animal drugs and inhumane confinement for animal production to gain the highest possible yields and profits. Nutrient content is, at best, a second thought. It doesn't stop there however. To force high yields, excessive amounts of nitrate fertilizers are added to farm soil which tend to destroy the indigenous microbial life within the soil necessary to convert minerals to plant nutrients. In turn, it also destroys the vital humic and organic fulvic acids, nature's “miracle molecule” and most important nutrient delivery carrier—long considered one of the most complete answers to the body's need for life-giving minerals, oxygen, enzymes and amino acids.

The cumulative effects of environmental and lifestyle toxicities, when combined with the virtual elimination of fulvic acid from our food supply, has created millions of unhealthy people living with degenerative diseases such as arthritis, osteoporosis, hypertension, Alzheimer's, leukaemia, heart disease and cancer. Scientists

have identified at least 90 growth and maintenance nutrients that must be continuously supplied and are vital to life. If we fail to supply adequate nutrients to our cells, the cells will experience a breakdown that can lead to chronic conditions. When the breakdown is substantial we have the onset of disease. Two-time Nobel Prize winner Dr. Linus Pauling spoke the unsavoury truth when he said: “You can trace every sickness, every disease and every ailment to a mineral deficiency”.

Fulvic acid helps transport more minerals, enzymes, oxygen and amino acids to the body's cells. The fulvic molecule prepares nutrients to inter-react with each other. When fulvic is present, nutrients are dissolved into the simplest ionic form making vitamins and elemental trace minerals more absorbable by complexing them into organic forms that are easily transported into and through the cell walls. Once the nutrients are dissolved they become bio-chemically reactive, bio-available, mobile, and readily absorbable. This means you get greater benefit from all your nutrients, whatever the source. When fulvic is present, it can often transport up to 60 times its weight in dissolved nutrients and elements.

Traditional tablet supplements cannot complete their function in the cell's metabolism without proper absorption into the cells assisted by fulvic. Therefore it is crucial that all the vitamins, all the minerals and fulvic are provided in a base line supplement in order to receive consistent, significant results.

Nature made fulvic abundantly available, but like many things, man has interfered with this vital process. You must provide your body with the essential elements it requires for optimal health, through supplementation. If you had to choose just one nutritional supplement, products featuring fulvic acid should be the ones you choose.

Dr. Karim Dhanani is a leading authority and practitioner of Biological Medicine noted for his innovations in treating chronic degenerative medical conditions. He established the Centre for Biological Medicine in Richmond Hill, Ontario www.biologicaltherapeutics.com

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